

Meaning swift and valued runner, the *Kukini* in ancient times took news from one Hawaiian leader to another.

HICKAM *Kukini*

Serving the Air Force Hawaii Community

HOT TOPIC

Parents' actions mean more money for schools.

See more on Page 3.

Vol. 11, No. 48

Dec. 3, 2004

Hickam AFB, Hawaii

DECEMBER 7, 1941

"THE JAPANESE WERE TRYING TO BOMB AND STRAFE THE FLAG FROM THE FLAG POLE. THE LAST TIME I SAW IT THAT DAY IT WAS BATTERED AND TORN, BUT STILL WAVING MAJESTICALLY IN THE BREEZE."

L.W. SOUTHERN
HICKAM FIELD
7 DEC 1941

ATTACK ON HICKAM FIELD REMEMBRANCE

Hickam hosts a commemoration ceremony at the base flag pole Tuesday beginning at 7:30 a.m.



Happy holidays

By Gen. Paul Hester
Pacific Air Forces commander

As the winter holiday season approaches, Pacific Air Forces personnel have boots on the ground in multiple theaters, promoting peace and advancing freedom across the globe.

Your courage and dedication are the greatest gifts humanity could receive this holiday season. I thank each of you – and your families – for your sacrifice and encourage you to take a moment to reflect on the many great achievements we have accomplished this past year.

I also encourage you to consider the hazards of activities you engage in this season. During the winter months, the Air Force traditionally suffers needless injury and loss of life due to avoidable mishaps. The majority of these mishaps are traffic related and occur when members over extend themselves while on leave or while traveling

busy winter highways.

Use the principles of personal risk management in developing your holiday plans and keep personal safety in the forefront of your thoughts. Look out for your subordinates and peers, as Airmen caring for other Airmen, and make a concerted effort to positively influence sound decision-making skills.

Together we in PACAF are helping win the war on terror and building a more secure future. It will take the efforts of each of us to succeed in this mission. Spend some well-deserved time with your family and friends reflecting on our many accomplishments and counting our many blessings. Finally, take time to enjoy this season of gift sharing but do so while being a good wingman and keeping personal safety first and foremost for you, your comrades and your loved ones. I look forward to our continued accomplishments in 2005. Happy holidays.

Let us not forget Dec. 7, 1941

Maj. Tracey Saiki
Pacific Air Forces Public Affairs

Sixty-three years ago, the peaceful quiet of a sleepy Sunday morning in paradise was shattered Dec. 7, 1941, when the skies over the island of Oahu were filled with Imperial Japanese Navy planes. This surprise attack began at 7:55 a.m. when hundreds of Japanese aircraft struck military installations at Pearl Harbor, Hickam Field and Wheeler Army Air Field. Their mission – to destroy America's will and potential to field a powerful military force in the Pacific.

December 7 was, by any assessment, a disastrous day. Hickam's 3,200-man consolidated barracks, the Hale Makai, the present day home to the Pacific Air Forces Headquarters, was hit by several bombs and strafed by a number of Japanese aircraft. The chow hall located in the center of the barracks took a direct hit, killing 35 men who were eating breakfast. In all, 189 were killed, 303 were wounded, and 76 aircraft were completely destroyed at Hickam on that fateful day.

For the next three years, Army Air Force units began the slow, arduous process of

regaining, island by island, the territory lost to the Japanese and would slowly close the net around the Japanese main islands. By early 1945, the Army Air Forces in the Pacific became part of the largest and most powerful military organization ever fielded by any country in the world. In June of that year, the Far East Air Forces was designated, commanded by General George C. Kenney. In August, the impact and prominence of airpower was instrumental in bringing the war in the Pacific to a close with the bombings of Hiroshima and Nagasaki. Almost one year later, on July 1, 1947, FEAF was redesignated as Pacific Air Forces.

Let us all reflect on this fateful, "day that will live in infamy," which has brought us to where we are today. We are more than 55,000 Airmen strong. We continue to contribute in immeasurable ways to this region's stability and security. Our continued presence, together with our sister services throughout the Pacific region, ensures our Nation will always be prepared. It is important that we continue to dedicate ourselves toward the pursuit of a secure, prosperous and democratic Asia-Pacific community.

Action Lines



Col. Ray Torres
15th Airlift Wing commander

The purpose of the Action Line is in its name – it's your direct link to me so we can work as a team to make Hickam a better community. It also allows you to recognize individuals who go "above and beyond" in their duties – and we all know there are plenty of those folks here. All members of Team Hickam are welcome to use the Action Line, however, I urge you to give the normal chain of command the first crack at resolving problems or issues. It's only fair to give our commanders and managers the first opportunity

to work issues under their responsibility. If you have done this and are still not satisfied, give my commander's Action Line a call. If you want me to get back to you, leave your name and number, state your issue, tell me who you have talked to and why you were not satisfied with their response. I'll work your issue and respond verbally or in writing. The Action Line number is 449-2996. Messages may also be sent by e-mail to 15aw.pal@hickam.af.mil.

Garage sales/traffic lights

Comment: I'm new to Team Hickam and have only been on base a few months. This is my seventh assignment in the Air Force during the past 12 years. In all the bases I have been to, this is the first that does not allow you to have garage sales in base housing. I don't understand why. To me, a garage sale is not held to make money. It is to get rid of unwanted items for cheap as opposed to throwing them away. Here at Hickam, in order for us to have a garage sale, we are supposed to pay \$8 in order to sell our items in a hot, shadeless parking lot once a month. Secondly, has the base considered adding a stop light or a three way stop sign at the corner of McClelland and Kuntz? During peak periods of traffic, it can take as long as 5-10 minutes to make a left turn off of McClelland onto Kuntz. Once the Kuntz gate reopens, I anticipate this will only make the traffic situation worse.

Response: The roads in housing are narrow. Garage sale patrons parking on the narrow roads create traffic congestion, and having so many cars parked combined with so much traffic passing through the area poses safety concerns, especially with small children living in the area. The second concern with garage sales was the detriment to base housing aesthetics. The mission of the tailgate sale is to provide a safe and controlled environment where housing residents, as well as retirees and others with access to the base, can come to a central location and find used items at fair prices. In order to cover the salary of the person stationed there for the buyers/sellers convenience and safety, as well as for the replacement of equipment such as tables and chairs used by each vendor, – we instituted a minimal charge of \$8 per booth (two parking spaces). This is not a money making event, simply to pay the attendant for four hours is more than what is made in some cases. If you have additional questions or concerns call the community center. With regards to your second concern. While convenient access onto Kuntz Avenue from McClelland is important, Kuntz Avenue remains the main thoroughfare for that side of the base and traffic on Kuntz needs to be as free flowing as possible. The installation of a traffic light or stop signs at the Kuntz/McClelland intersection would present a greater traffic hazard since it would have the potential of backing up traffic onto the overpass.

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Deadline for copy is 1 p.m. Friday for the following Friday's issue. Copy must be typed, double-spaced 12-point type, 400 - 600 words in length, and e-mailed to hickam.kukini@hickam.af.mil.

Crisis Response Lines

Hickam Family Support Center
449-0300

Life Skills Support Center
449-0175

Law Enforcement Desk
449-6373

Base Chaplain
449-1754

Military Family Abuse Shelter
533-7125

December 7, 1941: A day of infamy and heroism

By Steve Diamond
15th Airlift Wing History Office

Tuesday marks the 63rd anniversary of Japan's surprise attack on Pearl Harbor and other military installations on Oahu. Labeled a "Day of Infamy" by President Franklin D. Roosevelt, that Sunday morning not only saw devastating attacks across the island — it also saw many American heroes rise to the occasion.

While the timing of the Japanese attack was a surprise, the war between the United States and Japan was not. War raged in Europe during the months leading up to December 1941, even as Japan continued to expand into Southeast Asia.

Basing the U.S. Pacific Fleet at Pearl Harbor and ordering an embargo against shipping raw materials to Japan, President Roosevelt warned Japan against further Asian conquests. War with Japan seemed inevitable to many, though an attack on remote Oahu was thought to be too difficult for Japan.

Dec. 7, 1941, proved that assumption wrong.

Wheeler Field, location of the Hawaiian Air Force Fighter Command, was an early target. Dozens of P-36s and P-40s were neatly parked wingtip-to-wingtip as security against possible sabotage.

Japanese bombers and fighters caught the aircraft on the ground,

unarmed and unprepared for take-off. Facing no resistance, Japanese fighters came in fast and low, only 50 to 75 feet off the ground. "You could almost hit them with a rock," said then Wheeler base commander, Col. William Flood. Wheeler Field lost more than half of its aircraft in the attack.

The first American Airmen to literally rise to the occasion were 2nd Lts. Kenneth Taylor and George Welch, young P-40 fliers just out of pilot training. Following an all-night party at Wheeler, the two were standing outside when the Japanese attacked. Seeing the fleet of planes in flames, Welch ran to call Haleiwa Field on the North Shore, where their own P-40s were parked. "Get two P-40s ready!" he yelled into the phone. It's not a gag — the Japanese are here!

During the 9-minute drive to Haleiwa, Japanese Zeros strafed the young Lieutenants three times. Jumping into their armed and ready aircraft, lieutenants Welch and Taylor took off, each downing an enemy bomber during their first engagement. By the end of the day, Lieutenant Taylor had scored three kills, and Lieutenant Welch had scored four.

Shortly after the attack on Wheeler began, other Japanese dive bombers and fighters struck Hickam Field simultaneously with the attack on Pearl Harbor. Hickam Field was home to the Hawaiian bomber com-



Courtesy photo

Hickam Field sustained a lot of damage during the surprise attack Dec. 7, 1941.

mand, where B-17 and B-18 bombers were also parked wingtip to wingtip. Japanese dive bombers and fighters attacked Hickam's hangar area and flight line first, devastating America's bomber fleet.

By coincidence, a flight of new B-17Ds were due to arrive at Hickam that morning. The arrival of the bombers was not an everyday occurrence — the first trans-Pacific flight of bombers (from Hamilton Field, Calif. to Hickam) had just been accomplished earlier that year.

Capt. Gordon Blake, Hickam's base operations officer, had been in his office since 7 a.m. preparing for the B-17 arrival. As the Japanese dive bombers began their attack at Hickam, Captain Blake's first

thought was to get up to the control tower to get the incoming B-17s down safely. Captain Blake recalled, "We put some of them down at Bellows, and one of them on Kahuku Golf Course. I don't remember where all of them landed, but we only lost one." For his part in saving the B-17 crew and aircraft, Captain (later Lt. Gen.) Blake was awarded a Silver Star.

Captain Blake and Lieutenants Taylor and Welch were but a few of the heroes of that day. Thousands lost their lives or were wounded. While Dec. 7 was without doubt a day of disaster for American military forces, the heroism of that day foreshadowed America's military actions in the years to come — now that America was at war.

Email could mean more money for military-impacted schools

By Alice Patton
Hickam School Liaison

Parents, teachers, everyone — military schools need your help.

Under the new Act 51, Reinventing Education Act for Children of Hawaii, schools will be funded in a different way next year.

A new process called the weighted student formula will be used to distribute funds for school budgets. The amount of money given to a school will be based on individual student need, not enrollment.

According to the August REACH Pamphlet, the weighted student formula works like this:

- Each public school will receive a set amount of funds for basic needs.
- A specific dollar amount will be allocated to educate each student enrolled.
- Additional money will be given to educate students with special needs who require more resources.

For example, every student is equal to one point. If that student is a special needs child then that student is worth an additional point.

Another category that would be helpful, but hasn't been implemented yet is a mobile/transient student category. Military

dependents attending public schools would then be worth an additional point.

The bottom line is: more points means more money for the school budget.

This money will go directly to the individual school budgets and not to the general fund.

The board of education will approve the formula for allocating money to public schools.

So, what does this mean for Hickam parents? Parents need to help get this additional point for their military students by sending an email testimony to the board of education asking for their support and approval of the mobile/transient student category.

To send a message, visit <http://doe.k12.hi.us> and look for the links on the left and select board of education. Select the "submit testimony" link, fill in the blanks, complete the form and submit it.

Another way to send a testimony is by mail to:

Board of Education
State of Hawaii
P.O. Box 2360
Honolulu, HI 96804.

This is Hickam parents' opportunity to be a strong voice for Hickam's military students and the schools who service them.

HAWC sends tips during Drunk and Drugged Driving Awareness Month

December is Drunk and Drugged Driving Awareness Month. Here are a few tips courtesy of the Health and Wellness Center to ensure people are drinking safely.

• Avoid making alcohol the focus of social events. Entertain guests with music, dancing, games, food, and lively conversation.

• Make sure to offer plenty of non-alcoholic drinks such as sparkling water, juice, and soda.

• Never leave your beverages unattended

• Provide nutritious and appealing foods to slow the effects of alcohol. High protein and carbohydrate foods such as cheese and meats stay in the stomach longer, which slows the rate at which the body absorbs alcohol. Avoid salty foods that encourage people to drink more.

• Stop serving alcohol at least one hour before the end of the party. Instead, serve coffee, non-alcoholic drinks, and desserts.

• Recruit people ahead of time who will not be drinking alcohol to help make sure everyone has a safe ride home.

Some people should not drink any alcohol, including the following:

- People under 21 years old
- People unable to restrict their drinking to a moderate level
- Women who are or may become pregnant
- People who plan to drive or operate heavy machinery
- People using medications that interact with alcohol

Special Olympics Hawaii Holiday Classic schedule

More than 700 athletes will attend 2004 games

The Hawaii Special Olympics kicks-off today at Hickam and Kaneohe Marine Corps Base. Opening ceremonies are set for 7:15p.m. in Hangar 7 on Hickam. It's open to the entire Team Hickam community. More than 700 athletes, their families and friends will gather in this statewide event. A brief closing ceremony will be held at both the K-Bay and Hickam Gyms prior to the departure of athletes.

Today

Basketball
1 to 5 p.m. – Marine Corps Base Gym
Noon to 5 p.m. – Hickam Fitness Center and Youth Center

Doubles and Unified Bowling
Noon – 3 p.m. . All doubles – Hickam Lanes
Noon – 3 p.m. Unified bowling - K-Bay Lanes

Athlete Meals
4:30 – 6:30 p.m. Dinner at dining facility (*K-Bay and Hickam*)

Special Events
7:15 – 9:15 p.m. Opening Ceremonies & Entertainment – Hickam Hangar 7

Saturday

Basketball
8 a.m. – 5 p.m. Marine Corps Base Gym
8 a.m. – 5 p.m. Hickam Fitness Center and Youth Center

Singles Bowling – Hickam Lanes
8:30 – 11:30 a.m. All Junior Masters (22-29)
11:30 a.m. – 2:30 p.m. Senior Masters (30+) Male
2:30 p.m. – 5:30 p.m. Senior Masters (30+) Female

Singles Bowling – K-Bay Lanes
8:30 a.m. – 11:30 a.m. All Juniors (8-15)
11:30 a.m. – 2:30 p.m. Senior (16-21) Females
2:30 p.m. – 5:30 p.m. Senior (16-21) Males

Bocce
9 a.m. – Noon Unified Doubles – Soccer Field behind Hickam Bowling Center

Meals
6:30 – 8:30 am Breakfast at dining facility (*K-Bay and Hickam*)
11 a.m. – 1 p.m. Boxed Lunches at Competition venues
4:30 – 6:30 p.m. Dinner at dining facility (*K-Bay and Hickam*)



Special Events
7 – 10 p.m. Victory Dance – K-Bay E'club

Sunday

Basketball
8 a.m. – noon Medal Games – K-Bay Gym
8 a.m. – noon Medal Games – Hickam Gym and Youth Center

Unified Bowling
8:30 – 11:30 a.m. Hickam Lanes
8:30 – 11:30 a.m. K-Bay Lanes

Bocce
8:30 – 11:30 a.m. Traditional Doubles – Soccer Field behind Hickam Bowling Center

Meals
6:30 am – 8:30 am Breakfast at dining facility

People deal with stress, depression during holidays

By Senior Airman
Sarah Kinsman
Kukini Editor

With all the gift-buying, cooking and fun times also comes holiday depression and stress for some.

The Hickam Life Skills clinic offers several tips to cope with stress and depression during the holidays:

- Keep holiday expectations on a manageable level. Set realistic goals and organize time.

- Remember the holiday season doesn't stop reasons for feeling sad.

- Forget the past and look to the future. Don't set yourself up in comparing now to the "good ol' days".

- Do something for someone else.

- Enjoy activities that are free such as driving around looking at holiday decorations or window shopping.

- Try something new. Celebrate the holidays in a new way.

- Spend time with people

who are supportive and caring.

- Save time for yourself.

- Stay out of holiday debt. Know your spending limit and don't exceed it.

- Make a shopping list to help prevent oversights.

- Avoid family battles. Involve everyone in planning and decision-making.

- Go easy on alcohol. Too much alcohol will only add to stress and depression.

- Exercise. It is a great stress reliever.

- Eat well. Don't let healthy eating habits get swept away by the holidays.

- Delegate. You can't do everything.

- Get plenty of rest. Don't run yourself ragged.

These are just some tips to help Hickam members get through the holidays without over-stressing or being depressed, according to Life Skills.

For more information on dealing with stress and depression, call the Life Skills clinic.



Courtesy photo

Feed the homeless

Bette Kalohi (right), 15th Airlift Wing Public Affairs, serves residents of the Safe Haven Homeless Shelter Nov. 24. About 20 members from the 15th Mission Support Squadron and 15th AW Staff Agencies spent the afternoon serving the residents. More than 60 other volunteers donated food and money to help with the event.



News Notes

Correction – In last week's issue of the Kukini, there was an error in the Resultant Fury story. Airmen flying B-52s from Anderson Air Force Base, Guam and Barksdale Air Force Base, La. targeted and sank the former USS Schenectady.

Tower lighting – The annual tower lighting ceremony begins at 4:30 p.m. today at the Hickam Tower Mall. Kiddieland and food booths open at 4:30 p.m. and the tower lighting will take place between 6 and 6:30 p.m. A special North Pole guest will arrive with photo opportunities. Music will be provided by the Air Force Band of the Pacific Hawaii "Hana Hou."

Cookie caper – Volunteers can drop off homemade cookies at the Daedalian Room in the officers' club Monday from 6:30 to 9 a.m. to help more than 650 Team-Hickam dorm residents get a taste of home during the holiday season. Volunteers are also needed to wrap the cookie care packages.

NAF sale – A non-appropriated fund item sale is Saturday at Bellows



Tops in Blue

Courtesy photo

Tops in Blue will perform here Dec. 15 at the Hickam Tower Mall beginning at 7:30 p.m. All Department of Defense card holders are invited to attend. In the case of inclement weather, the concert will be held in Hangar 7. The event is free.

Air Station. Doors open at 9 a.m. for active-duty military members only, 10 a.m. for all other military ID card holders and 11 a.m. it will be open to the public. The sale closes at 1 p.m. Items for sale include night stands, dressers, mattresses, lamps, dining tables, chairs, stoves and refrigerators. Vehicles for sale by sealed bid (starting at \$500) are a cargo van and two pick-up trucks.

Office closure – The legal office will be closed after noon Dec. 10 for an office function.

AFSA meeting – An Air Force Sergeant's Association meeting is scheduled for Jan. 18 at 7:30 a.m. in the Hale Aina Dining Facility. Executive council members will be selected during this meeting.

Banquet theme – Team Hickam's Annual Awards Banquet Committee is soliciting suggestions for this year's

theme. To submit a suggestion, email Master Sgt. Glenn Taijeron or Airman 1st Class Shannon Brown.

Road closure – A reduction in lanes along portions of Freedom Avenue, Vandenberg Boulevard near the baseball fields, Fox Boulevard and 18th Street are scheduled between Monday through Jan. 17 to run electrical lines.

ACES meeting – An Airmen's Council for Executing Strategies meeting takes place Tuesday at 3 p.m. in the enlisted club. Elections will be held for next year's executive council. All Airmen who want to run for office must be at the meeting. The

term of office is one year.

Tour of Homes – The Hickam Officers' Spouses Club December program, the Holiday Tour of Homes, will take place Dec. 14. The social begins at 5 p.m. at the Officers' Club Polynesian Gazebo. Pupus will be served. The cost of the function is \$7.99. Reservations must be made by noon Dec. 10. Permanent reservations apply.

Honolulu marathon – This year's Honolulu Marathon is Dec. 12. The Air Force and the Marine Corps will co-host a hospitality tent to provide fruit and drinks for the runners after the event. People who would like to volunteer to help at the tent should contact Jason Vandenberg or Stacy Barkdull.

Refuse pick-up change – Hickam has a new contractor collecting military housing refuse and recyclables. The collection days under this new contract have changed for more Hickam residents according to the following schedule:

Monday – Ohana Nui (all homes on Kuntz Avenue side of base)

Tuesday – Capehart above 18th street)

Thursday – From 9th to 17th street and Onizuka Village

Friday – From 8th street to the Officer's club and Fort Kam Housing

Refuse and recyclable pick-up will not be affected during the holidays.

Women's History committee – The Women's History committee is seeking individuals to serve as co-chair, secretary and treasurer. The observation month is March. To volunteer for a position, contact 1st Lt. Angela Batts.

Don't Drink and Drive – Call Airmen Against Drunk Driving, 449-RIDE (449-7433)

Around the Air Force



Editor's Note: For the complete stories and more go to Air Force news at <http://www.af.mil>.

Troops get 3.5 percent raise, increase in housing allowance

WASHINGTON – Money contained within the 2005 National Defense Authorization Act will fund a 3.5 percent troop pay raise and eliminate servicemembers' out-of-pocket costs for family housing, the Department of Defense's top military personnel official said.

The January troop pay raise will be applied across the board to all servicemembers and will not feature pay hikes targeted to specific ranks as in past years, said David S. C. Chu, the undersecretary of defense for personnel and readiness.

The targeted raises issued to mid-level officers and noncommissioned officers over the past two years, Mr. Chu said, "have fixed," for now, most pay-disparity issues involving those ranks.

And, he said, money is contained in the act to boost allowances that eliminate servicemembers' out-of-pocket expenses for on- or off-base family housing. Stateside and overseas family-housing allowances are calculated according to regional markets.

Another provision in the act removes a previously established ceiling limiting how much military family-housing inventory could be privatized, Mr. Chu said.

Privatization enables DOD officials to modernize military family housing more quickly and efficiently, Mr. Chu said. About one-third of military families live in on-base housing.

If DOD funded all of its existing family-housing needs by itself, it would take "forever" to make needed repairs or to replace aging housing units largely built in the 1950s, he said.

Mr. Chu named privatization success stories, such as contractor-provided housing for Soldiers and their families at Fort Carson, Colo. Such private sector-provided housing offers contemporary quality and "design flair" for servicemembers while providing more bang for the buck for taxpayers.

The act also contains three special pay and bonus authorizations, Mr. Chu said. For example, the bill makes permanent the increase of military family separation pay to \$250 a month and hostile fire/imminent danger pay to \$225 a month. (Story by Gerry J. Gilmore, American Forces Press Service)

New EEO process optimizes complaint resolution

WASHINGTON – Air Force officials recently implemented a more streamlined process to help civilians resolve discrimination issues in their workplace.

The new process, called the "compressed orderly rapid equitable" process, became available to civilians Oct. 1. The process is expected to greatly expedite resolution of workplace discrimination complaints, said Rita Looney, director of the Air Force civilian appellate review office.



Photo by Staff Sgt. Jennifer Lindsey

Airmen revive adopt-a-village program

KHAROTI, Afghanistan – Senior Airman Jason Weiss lightly rubs behind a villager's ears to see if the man experiences discomfort, which is one of the common symptoms of a sinus infection. Through an interpreter, the Afghan shared complaints of facial pain, a stuffy nose and sore throat with Airman Weiss who treated him with medication. In about three hours, the medical technician evaluated and provided minimal treatment for about 60 patients. He is deployed to nearby Bagram Air Base from Spangdahlem Air Base, Germany supporting Operation Enduring Freedom.

dite resolution of workplace discrimination complaints, said Rita Looney, director of the Air Force civilian appellate review office.

"This process will benefit the Air Force by taking less time to come to closure on complaints, allowing the employee, the management officials and the Air Force overall to get back to its mission," she said.

The pilot program combines two steps of the original equal employment opportunity process into one shorter step, Ms. Looney said. The current federal complaint process involves both an investigation and hearing. Together, those could take as many as 360 days. Under the new process, the two are tied together and shortened to as few as 127 days. Successful alternative dispute resolution attempts offered in the program's first phase can further cut complaint resolution time.

When a civilian wants to file a discrimination complaint, he or she may choose either the new process or the established one, Ms. Looney said. Additionally, at any point in the new process, civilians may opt out and return to a comparable point in the traditional process. (Story by Staff Sgt. C. Todd Lopez, Air Force Print News)

DOD to use 'active-layered defense' to protect country

WASHINGTON – The Department of Defense's new strategy for helping protect the nation is to have a "forward-deployed active-layered defense," said the man who helped craft the plan.

Paul McHale, assistant secretary of defense for homeland defense, said his agency "firmly believes" the nation's defense begins overseas. And DOD's homeland-defense strategy aims to "shape the battle space far forward from the United States' homeland."

Mr. McHale spoke at a two-day conference that focused on ways to better protect the nation's infrastructure, such as bridges and power plants.

"We must detect the enemy threat long before it approaches the United States. We must track that

threat as it approaches the United States," he said. "If we identify an enemy threat only after it has come ashore, only after it has penetrated our defenses, only after that weapon of mass destruction is located within the United States port or facility, it's too late."

To prevent that from happening, he said department officials now have forward-deployed mission capabilities that did not exist three years ago. Those capabilities include the ability to intercept a commercial aircraft that may be converted to a weapon. (Story by Army Sgt. 1st Class Doug Sample, American Forces Press Service)

Chef performs culinary magic

BUCKLEY AIR FORCE BASE, Colo. – He is a magician of sorts. However, he waves a spatula instead of a wand and uses a frying pan instead of a top hat, along with a little culinary artistry to craft eggs, bacon, sausage and hash brown potatoes into cuisine for hungry dining facility patrons here.

Francis L. Aragon, food service worker at the dining facility, calls himself a "disco chef" because he makes dining a little more exciting for patrons by turning ordinary cooking into a spectacle. People who order food from Mr. Aragon likely will see him flipping it up into the air, flambéing it over the stove or somehow making a show of it.

Although he has only been serving patrons here for about a year, his passion for combining culinary arts with his unique showmanship began at a fast food restaurant in the Philippines in 1995. In 1998, he began working at a hotel, preparing kitchen and dining utensils and ensuring proper hygiene and sanitation.

In 1999, Mr. Aragon said his cooking had him sailing the seas on a cruise ship, where he worked as a galley steward. When he was promoted to assistant cook for the ship in 2001, he began preparing breakfast, lunch and dinner meals. (Story by Airman 1st Class Chris Smith, 460th Air Base Wing Public Affairs)



From right, Chief Master Sgts. Dave Popp, Pacific Air Forces command chief, and Jim LeVack, 15th Airlift Wing command chief, carve and serve Thanksgiving Day turkey to Kelly Settergren, 15, daughter of Lt. Col. Dan Settergren, 15th Mission Support Group deputy commander, at the Hale Aina Dining Facility.

Leaders serve Thanksgiving dinner

Thanksgiving food weighs in

Prime rib – 200 pounds
Ham – 200 pounds
Turkey – 300 pounds
Vegetables – 300 pounds
Fruits – 150 pounds
Yams – 40 pounds

The dining facility will have a holiday meal on Christmas Day from 11 a.m. to 2 p.m. The meal is open to all active-duty members, retirees and family members.

Hale Aina Hours of Operation:

Breakfast
5:30 to 8 a.m.

Lunch
10:30 a.m. to 1 p.m.

Dinner
4 to 5 p.m.

Midnight meal
11 p.m. to 12:30 a.m.



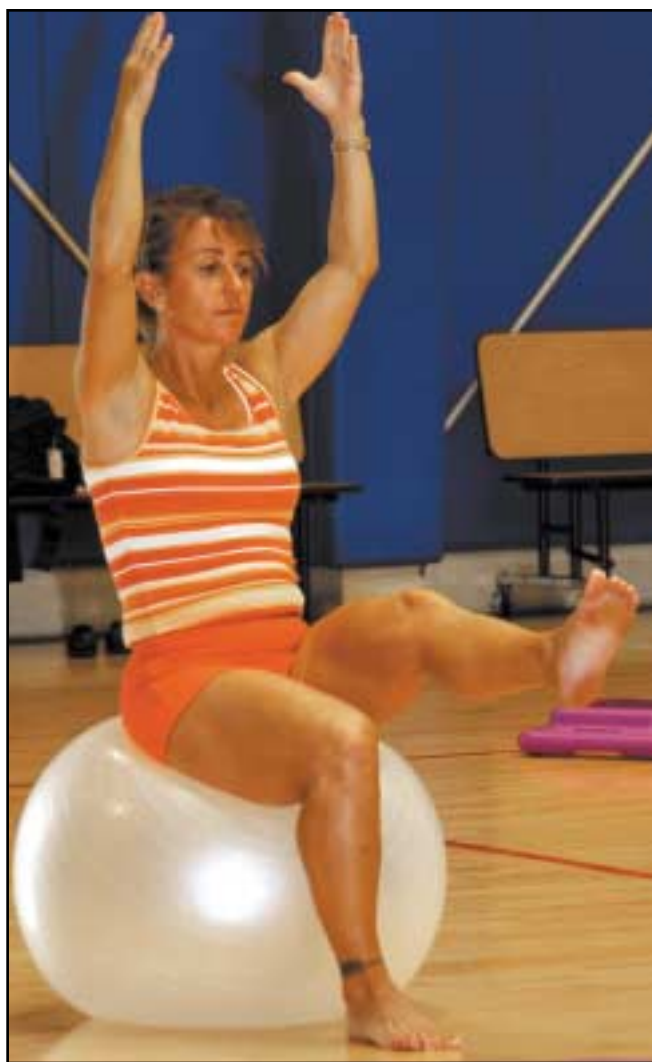
(Above) Senior Airman Aaron Douglas, 15th Services Squadron, puts the final touches on a tray of prime rib.

(Right) Capt. Rosalyn Walker, 15th SVS, assembles shrimp cocktails for the more than 350 active duty, retirees and family members that enjoyed Thanksgiving at the Hale Aina Dining Facility.



Photos by Jerry Banks

Parents looking to combine exercise, keiki time have a unique opportunity at Kidsports ... *Yogalates*



By Tech. Sgt. Mark Munsey
Kukini Managing Editor

Parents who find themselves in the grips of stress or who need an avenue for exercise but feel saddled by the responsibilities of child care have a unique option at their disposal. And it's at Kidsports, of all places.

Yogalates, held twice a month, is a one-stop conditioning, stress relieving and baby sitting program.

It's another in the Kidsports' battery of programs designed to give parents opportunities to interact and work out in a safe and constructive environment for their keiki, according to BJ Bentley, Kidsports Sports director.

"Yogalates is designed to give parents a chance to increase their flexibility, strength and tone while reducing their stress and increasing the quality of life," Mrs. Bentley said. "Their children can either participate with them or take part in our other many activities."

The cost, \$30 a month for two sessions a week

or \$25 for individual weekly session, is relatively small when considering the cost for baby sitting alone.

"It's almost like getting private-instructor yoga and palates training for free," she said.

It's a program well worth the cost, according to Alison Snodgrass, spouse of Capt. Mike Snodgrass, 15th Operations Support Squadron and mother of 2-year-old son Bailey and his 4-month-old brother Ryan.

"Yogalates is better than going to the gym because of the child care availability," Mrs. Snodgrass said. "Bailey has supervised play on the equipment in the open recreation room while I have Ryan with me."

"You don't need to be in great shape to start the program," she said. "I'm here to work on strengthening up my abs after giving birth to Ryan."

The program is every Tuesday and Thursday from 9:30 to 10:30 a.m.

For more information or to sign up for Yogalates, contact Kidsports.

Left: BJ Bentley, Kidsports Yogalates instructor, combines balance and good posture on her exercise ball.

Right: Alison Snodgrass rolls her son Ryan, 4 months, on top of an exercise ball.

Below: Cassandra, 22 months, helps mom Gayatri Acebal with leg stretching exercises.



Photos by Mysti Bicoy





1st Friday features "Christmas in Hawaii"

The Hickam Officers' Club presents "Christmas in Hawaii" tonight (Dec. 3) in the Koa Lounge beginning at 4:30 p.m. "Exit row" is the featured entertainment from 6 to 10 p.m. and the popular band will be playing your

holiday favorites. Pau Hana and the Kitty Drawing are also part of your 1st Friday, offering good food, drink specials and a chance to win \$100. Join us for a fabulous evening of fun.

Survey asks you the questions

The 15th Services Squadron is conducting a dining options survey during December. You'll find your survey in the December issue of the Inside Services Magazine. Please fill it out and return it to Services. This is your opportunity to voice your opinions which will help us serve you better.



Go nuts at Hickam Services!

HICKAM AFB
SERVICES
Commodore Support & Community Service

Bellows hosts NAF Property Sale

Bellows AFS is hosting a NAF Property Sale tomorrow (Dec. 4) from 9 a.m. to 1 p.m. Come check out the bargains on night stands, dressers, mattresses, lamps, tables, chairs, stoves and refrigerators.

There are also three vehicles to be sold in a sealed bid auction. Doors open to active duty military at 9 a.m. At 10 a.m. all other military ID card holders will be admitted followed by an opening to the public at 11 a.m. Call 259-4111 or 864-2126 for more info.

Freedom Tower Lighting tonight!

The Hickam Community Center hosts the annual lighting of the Freedom Tower tonight (Dec. 3) starting at 4:30 p.m.

This free event kicks off the holiday season with Hickam's biggest Christmas lights display. Watch as the big switch is pulled and the 1,000s of Christmas lights go on at about 7 p.m.

The Community Center is providing a complete family event with its famous Kiddieland, Bouncy House,

Youth Entertainment, refreshments and the annual "What Freedom Means to Me" Essay Contest.

The winning writer will read his/her essay on stage. Also performing will be the Band of the Pacific which will signal the arrival of Santa Claus as he arrives via Hickam AFB Fire truck.

Santa will be available for photos with the children from 7 to 8 p.m. Call the Community Center at 449-3354 for more information.



Bowling for Holiday Hams

The annual Holiday Ham Roll is going on at the Hickam Bowling Center through December 16. Bowlers participating in open bowling Monday through Friday from 9 a.m. to 4 p.m., are eligible to enter the Ham Roll Contest. The more you play, the more chances you have to win one of the Holiday hams being given away. The drawing will be held on Friday, December 17 at 9 a.m. Call 449-2702 for more information.



HICKAM AFB
SERVICES
Commodore Support & Community Service



Contact the Hickam Enlisted Club early to reserve your place at this year's NFL Pro Bowl on Sunday, February 13, 2005 because there are only 60 packages available. You won't want to miss the excitement of the NFL's best players as they battle at Aloha Stadium. Last year's 55-52 NFC come-from-behind win was a classic!

Your Pro Bowl package includes game ticket, Sunday Brunch Buffet and round trip transportation to the stadium. All this for just \$65.95. Club members receive a \$5 discount!





Sign up now for new Junior Wrestling Program

The Hickam Youth Sports Program urges youth ages 5-14 to sign up in December for the new Junior Wrestling Program which begins in January 2005.

The program will have five age groups and separate weight divisions for Bantams, Midgets, Novice and Schoolboy/Girl.

Practices begin in January. The Youth Sports staff is also asking for coaches.

More information regarding this program can be obtained by calling the Youth Sports Office at 448-4492 or 448-6611.



**Go nuts
at Hickam
Services!**

HICKAM AFB
SERVICES
Combat Support & Community Service

Honolulu Holiday Lights Tours available at ITT

Take the Honolulu Trolley on a scenic tour of the City of Honolulu and its spectacular holiday lights displays.

You'll be amazed at the intricate and beautiful lighting in the business district as well as in residential areas.

The annual tour is provided by the Hickam Information, Tickets & Travel Office.

Tours are available on Dec. 17, 19, 21 and 22 and costs just \$10 per person. Call ITT at 449-2230 for details.

Bowling Center supports Toys for Tots

Bring a new and unwrapped toy to the Hickam Bowling Center from now through Dec. 17 and received a free game, free rental shoes and a free 12 oz. soda. Call the Center at 449-2702 for details or check your December issue of Inside Services Magazine.

Holiday Tailgate Sale on Dec. 11

Clear out your garage before the New Year and make some money too or find that special something to buy at the Community Center's monthly Tailgate Sale on Saturday, Dec. 11.

The sale runs from 7 to 10 a.m. at the Burger King parking lot. Purchase your space at the Community Center, Bldg 1859 for just \$8. Call 449-3354 for more information.

Tops in Blue coming Dec. 15

The world famous Air Force entertainment troop, 'Tops in Blue' will perform at Hickam AFB on Wednesday, Dec. 15 at 7:30 p.m., according to Doug Clark of the Community Center. This year's show is titled "Musicology" and features the best active duty Air Force entertainers.

Holiday Gift Sale now on at Skills' Arts & Crafts Center

The Hickam Skills Development Center's annual Holiday Gift Sale is now on at its Kuntz Avenue facilities and runs through the month of December.

Save on all youth Crafting Kits and Toys at 25% off at the Arts & Crafts Resale Store. The Picture Framing Shop is offering 40% off on all custom framing on orders of \$100 or more.



Even the Engraving Shop has a special. All sports related trophies are on sale for just \$8 each including custom engraving. See your December issue of Inside Services Magazine for store hours.

Sumo Fun now for rent!

Sumo wrestling is now an experience available for everyone, thanks to the Hickam Outdoor Recreation Equipment Issue Center.

You'll howl with laughter when you host your first Sumo Party using the 'Sumo Suits' available for rent. Cost for the two suits is just \$100 for 24 hours.

Call Equipment Issue at 449-6870 for reservations and information.



Child Care Provider Classes available through Services

A pre-licensing briefing is held on the first Thursday of each month from 5-6 p.m. at the Family Child Care Office located adjacent to the Auto Resale Lot in Bldg. 2116.

Applicants must be base residents, 18 yrs old, be a high school grad, able to read and write English and pass a security check. Call FCC at 449-1879 for information.

Persons caring for other families' children a total of 10 hours or more per week on base must be licensed.



HICKAM AFB
SERVICES
Combat Support & Community Service

Crossword puzzle: U.S. Air Forces in Europe

By 1st Lt. Tony Wickman
Alaskan Command Public Affairs

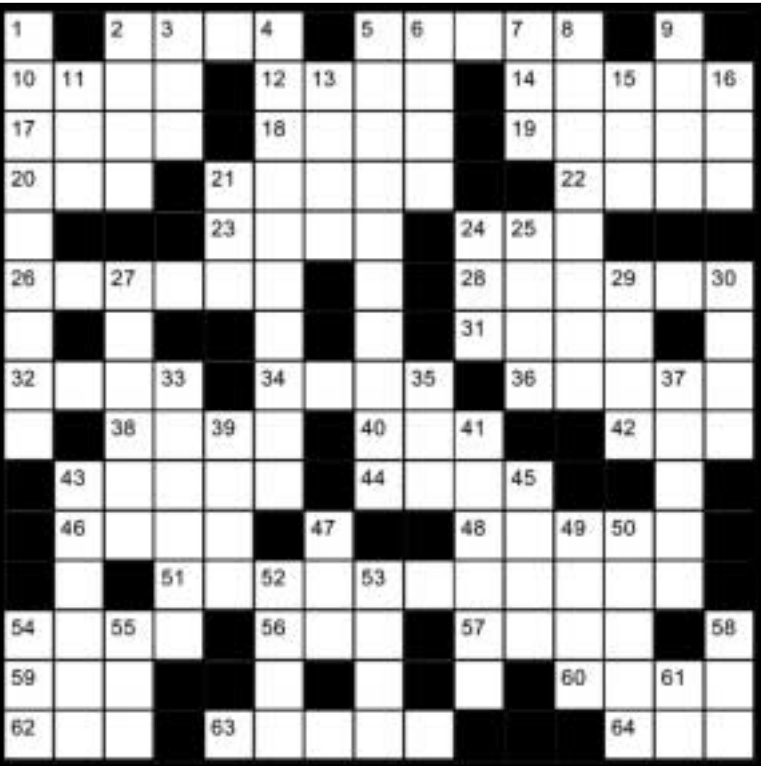
ACROSS

- 2. Criticize
- 5. Washout
- 10. Thought
- 12. Middle East country
- 14. Canyons
- 17. NATO alphabet for "X"
- 18. Arizona AFB
- 19. Intelligent
- 20. X
- 21. Runs an engine
- 22. Drunks
- 23. Observed
- 24. In shape
- 26. Earlier form of word in same language
- 28. Models
- 31. Actress Tara of American Pie
- 32. Soft mineral
- 34. Fed chairman Greenspan
- 36. Breaks
- 38. Break in the action
- 40. Actress Carrere of Wayne's World
- 42. __ Doubtfire
- 43. Revolt
- 44. Own
- 46. Solo vocal piece
- 48. Minuteman and Peacekeepers for USAF
- 51. USAFE base
- 54. Connection site?
- 56. Formerly known as
- 57. ER doctor Wyle
- 59. Beginning of American naval ships
- 60. Lucy's husband

62. Airport abbrev.

63. NAF in USAFE

64. Hearing aid?
- DOWN
- 1. NAF in USAFE
 - 2. Actor Penn
 - 3. Put down
 - 4. USAFE base
 - 5. USAFE base
 - 6. Wallet stuffers
 - 7. Actors Harris and O'Neal
 - 8. USAFE base
 - 9. Spry
 - 11. Rapping doctor?
 - 13. Govern
 - 15. Mekong River basin inhabitant
 - 16. Shuttle designation, in brief
 - 21. Personal ad abbrev.
 - 24. Type of tree
 - 25. Beware this date?
 - 27. Someone who is a screamer?
 - 29. First man?
 - 30. Back talk
 - 33. Art form
 - 35. Actress Peoples
 - 37. Light bender
 - 39. Jump
 - 41. USAFE base
 - 43. Hardest to find?
 - 45. NATO alphabet for "E"
 - 47. Compass dir.
 - 49. Lost blood
 - 50. Fight
 - 52. Ancient Egyptian symbol of life



- 53. Equipment
- 54. Litigate
- 55. Crazy __ loon...
- 58. Knight's title
- 61. Tailmarking for aircraft of 149th FW

See SOLUTION on Page 28

Team Hickam History

The Air Force's most historic airfield

Dec. 7, 1941 – As the Japanese attacked Oahu's military installations Dec. 7, 1941, Hickam suffered extensive property damage, aircraft losses, and personnel casualties totaling 189 killed and 303 wounded. The bombing and strafing of Hickam Field was an important objective, because the success of the Japanese attack on the Pacific Fleet at Pearl Harbor was dependent on eliminating air opposition and precluding U.S. planes from following their aircraft.

Dec. 8, 1941 – A Japanese two-man midget submarine grounded on the coral reef off Bellows Field; its captain, Ensign Kazuo Sakamaki, swam ashore and



was captured. He is believed to be the first Japanese prisoner of war taken by the United States in World War II. His companion's remains later washed up on the beach.

Dec. 8, 1941 – Japanese conducted the first air raid on Wake Island. This was followed by 16 more raids between Dec. 9 and Dec. 23, which destroyed all aircraft, severely damaged communications, surface buildings and guns, killing and injuring numerous personnel.

Dec. 7, 1960 – The first 10 of 29 F-102 "Delta Dagger" aircraft, replacing F-86s of the Hawaii Air National Guard, arrived.

Dec. 8, 1976 – Senator Daniel Inouye visited Hickam and met with the Pacific Air Forces commander.

U.S. Air Forces in Europe

This week's crossword answers

S		S	L	A	M		L	O	S	E	R		P	
I	D	E	A		I	R	A	N		D	A	L	E	S
X	R	A	Y		L	U	K	E		S	M	A	R	T
T	E	N		I	D	L	E	S		S	O	T	S	
E				S	E	E	N		F	I	T			
E	T	Y	M	O	N		H		I	D	E	A	L	S
N		E			H		E		R	E	I	D		A
T	A	L	C		A	L	A	N		S	N	A	P	S
H		L	U	L	L		T	I	A			M	R	S
		R	E	B	E	L		H	A	V	E			I
		A	R	I	A		N			I	C	B	M	S
		R		S	P	A	N	G	D	A	H	L	E	M
S	E	A	M		N	E	E		N	O	E	L		S
U	S	S			K		A		O		D	E	S	I
E	T	A			T	H	I	R	D			E	A	R

Chapel

Editor's note: For more information on Base Chapel services or for prayer requests call the Chapel Center at 449-1754 or Nelles Chapel at 449-6562.

Protestant

Nelles Chapel
Sunday contemporary service – 8:30 a.m.
Sunday Gospel Worship – 11:15 a.m.
Sunday Praise Gathering – 5:30 p.m.
Chapel Center
Sunday traditional – 8:30 a.m.

Jewish

Aloha Jewish Chapel, Pearl Harbor – 473-0050
Jewish Lay Leader – Mr.

Catholic

David Bender – 527-5877
Nelles Chapel
Weekday Mass – 11:30 a.m.
Saturday confessions – 4:15 p.m.
Saturday Mass – 5 p.m.
Chapel Center
Sunday Mass – 10 a.m.

Islamic

Friday congregational service (1935 Aleo Place, Punahou) – 1 p.m.

Buddhist

Honpa Hongwanji Hawaii Betsuin A Shin Buddhist Temple – 536-7044.

At the Movies

Friday, Saturday & Sunday, 7 p.m.
The Grudge – Karen, an American student working at a Japanese health center for college credit, comes across a mysterious curse. She finds herself embroiled in a fight for her own sanity and, ultimately, her survival. Known as a “grudge,” the curse was born inside of a house after its inhabitants died while consumed by rage. Starring Sarah Michelle Gellar and William Mapother. Rated PG-13 (mature thematic material, disturbing images/terror/violence, and some sensuality)

Wednesday and Thursday, 7 p.m.
I Heart Huckabees – A plucky couple, the Jaffes, likes to play detective. But instead of solving murders, the Jaffes like to delve into philosophical questions. Their latest case: a miserable retail worker named Albert Markovski and his archenemy, Brad. Albert has faced a series of odd coincidences in his life and he’s hoping his new detective pals can help him figure out the meaning of being born. Starring John Schwartzman and Isabelle Huppert. Rated R (language and sex scene)

Team Hickam Pick 'Em



Team Roster	Bengals vs Ravens	Cards vs Lions	Chiefs vs. Raiders	Packers vs. Eagles	'Boys vs. Seattle	RECORDS	
						Last week	To date
Col. Ray Torres 15th AW/CC	Ravens	Lions	Raiders	Eagles	Seattle	4-1	33-27
Lt. Col. Denise Hollywood 15th SVS/CC	Ravens	Cards	Raiders	Eagles	Seattle	2-3	27-33
Capt. Nate Chine Det. 1, 15 MSG/CC	Ravens	Lions	Raiders	Eagles	Seattle	4-1	38-22
Chief Master Sgt. Glenn Bernier PACAF/SVS	Bengals	Lions	Raiders	Packers	Seattle	5-0	42-18
Tech. Sgt. Mark Munsey 15th AW/PAI	Ravens	Lions	Raiders	Packers	'Boys	4-1	34-26
Staff Sgt. Toni Wiser 15th CONS/LGVCZ	Ravens	Lions	Raiders	Eagles	Seattle	5-0	39-21



TEAM HICKAM NFL CHALLENGE





Photos by Mike Dey

A month of Mondays

(Above) Joe Sidlo, 352nd Information Operations Squadron place kicker, converts the extra point on his team's second touchdown of the day.

(Right) From left Floyd Barkley, 352nd IOS, watches as 15th CES defender Ryan Gentzler tries to capture the flag of Jack Henslerling, 352nd IOS.

The 352nd IOS defeated the 15th Civil Engineer Squadron 28-18 Monday.

The game originally started Nov. 1 but was postponed at half-time due to rain. 352nd started the second half up 13-6.

The two teams swapped touchdowns in the second half, with 15th CES committing a safety to end the game with 352nd winning 28-18.



No go on 'andro' *More than 25 steroids added to banned list*

By Capt. Doug Cook
15th Airlift Wing Legal Office

After banning ephedra earlier this year, the federal government has acted once again to protect the public from popular performance enhancing drugs that carry dangerous side effects.

President Bush signed the Anabolic Steroid Control Act of 2004 that was ratified by Congress early in October.

The ASC Act, taking effect Jan. 20, adds 26 substances to the list of steroids classified as Schedule III controlled substances under the Controlled Substance Act, making them illegal without a legitimate medical prescription.

Most noteworthy on the list are steroid precursors, including the substance group commonly referred to as 'andro' - androstenedione,

androstenediol, norandrostenedione and norandrostenediol.

Andro is a very popular supplement with weightlifters and bodybuilders, particularly following by major league baseball player Mark McGwire admitted use during his record setting 1998 season.

Also added to the list was tetrahydrogestrinone, commonly known as THG.

The substances were added due to the risks of side effects, which may have greater effects among young users than adults.

The use of andro by males has been responsible for diminished sperm production, shrunk testicles, enlarged breasts, acne and decreased levels of the heart-friendly kind of cholesterol, according to the Mayo Clinic Web site.

Because steroids and steroid precursors, includ-

ing andro, can be detectable for several months, those currently taking any of the substances found in the new act are strongly advised to stop taking them immediately, said Maj Shawn Vandenberg, Air Force Drug Testing Program legal advisor. The use, possession or distribution of any of the new substances added to the list after Jan. 20 may result in punishment under Article 112(a) of the Uniform Code of Military Justice and/or an administrative discharge.

Those who violate the Act may also be subject to federal and state prosecution.

The ASC Act can be found at Web site www.thomas.loc.gov. Type in 'Anabolic Steroid Control Act of 2004' under the 'Search Bill Text 108th Congress (2003-2004)' function, then select 'Enrolled as Agreed to or Passed by Both House and Senate.'